



The Center For Special Needs, Inc.
At The School of Royal Yoga

FACT SHEET

Special Needs Yoga

Serving Hundreds of Individuals with Special Needs

The Center for Special Needs has assisted Children at:

The Center for Special Needs, 38R Main Street, Chester NJ 07930 Enrollment is ongoing. 908-879-9648, email RoyalYoga@embarqmail.com or visit our website www.TheSchoolofRoyalYoga.com.

- **Advancing Opportunities**, Respite Program, Hackettstown, NJ
- **Celebrate the Children**, Byram, NJ, Private school for children with communication disorders. Primarily serving children on the spectrum
- **Banyan School**, Fairfield, NJ, Private school for children with learning disabilities
- **Camp Merry Heart**, The Arthritis Foundation Summer Camp for children with Arthritis (2009, 2011, 2013)
- **New Jersey Regional Day School**, Newark, NJ, Public school for special needs children
- **Montville Parents of Exceptional Children**, special needs classes for children in Montville area
- **Somerset County Therapeutic Recreation Department**, Bridgewater, NJ, evening program for special needs adults and children
- **Family Intervention Services**, several clients attend private sessions at our studio location
- **Matheny Medical and Educational Center**, Peapack, N J, Yoga for special needs adults and children in a clinical setting and also in a group home.
- **Harbor Haven Camp**, Union, NJ. Special needs camp for children
- **Children's Enrichment Program**, Long Valley, NJ, Yoga for special needs children- Young Adults
- **PEAK**, Mt Olive, NJ, Yoga class for special needs children.
- **Spina Bifida Resource Network**, Flemington, NJ 2012
- **Stepping Forward Counseling Center, LLC**, Chatham, NJ, Yoga for children with Autism and emotional needs.
- **Test Sports Club**, Martinsville, NJ, Yoga classes for special needs children.

The Center for Special Needs has assisted adults at:

- **The School of Royal Yoga**, 57 Main Street, Chester NJ 07930
Gentle Yoga – For those recovering or receiving physical therapy
- **Arcadia Nursing and Rehabilitation**, Hamilton Sq., NJ, Chair Yoga for Seniors and Alzheimer patient's
- **Arc of Somerset County**, Hillsborough, NJ, Yoga for special needs adults
- **Bear Creek Assisted Living**, W. Windsor, NJ, Chair Yoga for Seniors and Alzheimer patient's
- **The Center for Family Support**, Union and Hillsborough, NJ, Yoga for special needs adult
- **Fellowship Village**, Basking Ridge, NJ, Adult Living Community
- **Hudson Milestone**, Day Program for special needs adults

- **King James Care Center**, Chatham, NJ Chair Yoga classes
- **Matheny Medical and Educational Center**, Peapack, NJ, Yoga for special needs adults and children in a clinical setting and also in a group home.
- **Mount Arlington Senior Care Center**, Mt Arlington NJ Chair Yoga classes
- **Parker at Stonegate**, Highland Park, NJ, Gentle Yoga class for Seniors
- **Sharing Village**, Far Hills, NJ, Yoga for individuals with cancer.
- **Sunrise Senior Living** - Westfield, NJ, E. Brunswick NJ and Morris Plains, Gentle Yoga class for Seniors
- **Village Grande at Bear Creek** (Independent Living Facility), W. Windsor, NJ, Gentle Yoga class for Seniors

Workshops and Professional Seminars

- **New Jersey State Teachers Convention**, 2007-2011, Various presentations pertaining to bringing Yoga into the classroom.
- **New Jersey Autism Convention**, October 2009, Yoga, An Effective Approach to Improving Behaviors and Positive Interaction for Children with Autism
- **COSAC Annual Convention**, May 2006, Offering Yoga for Children with Autism
- **Randolph Parents of Exceptional Children**, March 1, 2006
- **United Cerebral Palsy Association**, Chester, NJ September 15, 2007
- **New Jersey Occupational Therapists Convention**, October 9, 2005, Treating Special Needs Children with Yoga, Clinical Applications, Case Studies and Findings
- **Newark Regional Day School**, January 2005, Professional Development Workshop and March 2005, Parent Workshop
- **Stepping Forward Counseling Center**, Chatham NJ: Staff Professional Development Workshops, 2011- current

Published Work

- **Yoga Therapy in Practice**, May 2006, Yoga Therapy for Autistic Children
- **PT Advance**, Using Yoga to Treat Autism, September 2005
- **OT Advance**, Using Yoga to Treat Autism, June 13, 2005

Press Coverage

- **The Daily Record**, February 5, 2009, Children Shed Stress at Yoga Class
- **The Observer Tribune**, July 7, 2005, Yoga Used to Help Autistic Children
- **The Star Ledger**, July 26, 2005, A Class in Calm

We are listed as a provider for:

- New Jersey Department of Human Services Division of Developmental Disabilities
- Easter Seals New Jersey