



**The Center For Special Needs, Inc.**  
*At The School of Royal Yoga*

**FACT SHEET**

**Special Needs Yoga**

**Serving Hundreds of Individuals with Special Needs**

**The Center for Special Needs has assisted Children at:**

**The Center for Special Needs**, 38R Main Street, Chester NJ 07930 Enrollment is ongoing. 908-879-9648, email [RoyalYogaNewJersey@gmail.com](mailto:RoyalYogaNewJersey@gmail.com) or visit our website [www.TheSchoolofRoyalYoga.com](http://www.TheSchoolofRoyalYoga.com).

- **Advancing Opportunities**, Respite Program, Hackettstown, NJ
- **Celebrate the Children**, Byram, NJ, Private school for children with communication disorders. Primarily serving children on the spectrum
- **Banyan School**, Fairfield, NJ, Private school for children with learning disabilities
- **Camp Merry Heart**, The Arthritis Foundation Summer Camp for children with Arthritis (2009, 2011, 2013)
- **New Jersey Regional Day School**, Newark, NJ, Public school for special needs children
- **Montville Parents of Exceptional Children**, special needs classes for children in Montville area
- **Somerset County Therapeutic Recreation Department**, Bridgewater, NJ, evening program for special needs adults and children
- **Family Intervention Services**, several clients attend private sessions at our studio location
- **Matheny Medical and Educational Center**, Peapack, N J, Yoga for special needs adults and children in a clinical setting and also in a group home.
- **Harbor Haven Camp**, Union, NJ. Special needs camp for children
- **Children's Enrichment Program**, Long Valley, NJ, Yoga for special needs children- Young Adults
- **PEAK**, Mt Olive, NJ, Yoga class for special needs children.
- **Spina Bifida Resource Network**, Flemington, NJ 2012
- **Stepping Forward Counseling Center, LLC**, Chatham, NJ, Yoga for children with Autism and emotional needs.
- **Test Sports Club**, Martinsville, NJ, Yoga classes for special needs children.

**The Center for Special Needs has assisted adults at:**

- **The School of Royal Yoga**, 57 Main Street, Chester NJ 07930  
Gentle Yoga – For those recovering or receiving physical therapy
- **Arcadia Nursing and Rehabilitation**, Hamilton Sq., NJ, Chair Yoga for Seniors and Alzheimer patient's
- **Arc of Somerset County**, Hillsborough, NJ, Yoga for special needs adults
- **Bear Creek Assisted Living**, W. Windsor, NJ, Chair Yoga for Seniors and Alzheimer patient's
- **The Center for Family Support**, Union and Hillsborough, NJ, Yoga for special needs adult
- **Fellowship Village**, Basking Ridge, NJ, Adult Living Community
- **Hudson Milestone**, Day Program for special needs adults

- **King James Care Center**, Chatham, NJ Chair Yoga classes
- **Matheny Medical and Educational Center**, Peapack, NJ, Yoga for special needs adults and children in a clinical setting and also in a group home.
- **Mount Arlington Senior Care Center**, Mt Arlington NJ Chair Yoga classes
- **Parker at Stonegate**, Highland Park, NJ, Gentle Yoga class for Seniors
- **Sharing Village**, Far Hills, NJ, Yoga for individuals with cancer.
- **Sunrise Senior Living** - Westfield, NJ, E. Brunswick NJ and Morris Plains, Gentle Yoga class for Seniors
- **Village Grande at Bear Creek** (Independent Living Facility), W. Windsor, NJ, Gentle Yoga class for Seniors

## Workshops and Professional Seminars

- **New Jersey State Teachers Convention**, 2007-2011, Various presentations pertaining to bringing Yoga into the classroom.
- **New Jersey Autism Convention**, October 2009, Yoga, An Effective Approach to Improving Behaviors and Positive Interaction for Children with Autism
- **COSAC Annual Convention**, May 2006, Offering Yoga for Children with Autism
- **Randolph Parents of Exceptional Children**, March 1, 2006
- **United Cerebral Palsy Association**, Chester, NJ September 15, 2007
- **New Jersey Occupational Therapists Convention**, October 9, 2005, Treating Special Needs Children with Yoga, Clinical Applications, Case Studies and Findings
- **Newark Regional Day School**, January 2005, Professional Development Workshop and March 2005, Parent Workshop
- **Stepping Forward Counseling Center**, Chatham NJ: Staff Professional Development Workshops, 2011- current

## Published Work

- **Yoga Therapy in Practice**, May 2006, Yoga Therapy for Autistic Children
- **PT Advance**, Using Yoga to Treat Autism, September 2005
- **OT Advance**, Using Yoga to Treat Autism, June 13, 2005

## Press Coverage

- **The Daily Record**, February 5, 2009, Children Shed Stress at Yoga Class
- **The Observer Tribune**, July 7, 2005, Yoga Used to Help Autistic Children
- **The Star Ledger**, July 26, 2005, A Class in Calm

## We are listed as a provider for:

- New Jersey Department of Human Services Division of Developmental Disabilities
- Easter Seals New Jersey