



Dear Member of The School of Royal Yoga,

We are required to keep up-to-date release forms on file for each member. Kindly fill out the form below and scan and email to:

RoyalYogaNewJersey@gmail.com

Or print and mail to:

The School of Royal Yoga, LLC
P.O. Box 243
Chester, NJ 07930

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Release for Virtual Yoga Classes

I understand the virtual Yoga classes offered through The School of Royal Yoga are a demonstration of a Classic Hatha Yoga class. If I choose to participate, I fully accept responsibility for my body and my choices and agree to consult my medical care practitioner before beginning any new exercise program.

By attending these classes, I agree to release The School of Royal Yoga and its Teachers and Instructors from any and all responsibility or liability related to or resulting from my participation in class.

Print Full Name

Signature

Date